













	Year 7	Year 8	Year 9	Year 10	Year 11
w/c 4th September					
w/c 11th September	What are the Arden Values and what do they mean to me?	<b>Transitions:</b> What are the key expectations and what will the year ahead look like?	<b>Transitions:</b> What are the key expectations and what will the year ahead look like?	<b>Transitions:</b> What are the key expectations and what will the year ahead look like?	<b>Transitions:</b> What are the key expectations and what will the year ahead look like? (focus on managing workload and maintaining a positive attitude)
w/c 18th September	<b>Transitions:</b> How am I settling in?	<b>Emotional Intelligence:</b> Positive attitude; a way forward	<b>Employability and Enterprise skills:</b> What are the key skills employers are looking for? 	<b>Transitions:</b> Where will I be in 10 years time?	<b>Transitions:</b> Managing coursework and deadlines
w/c 25th September		<b>Emotional Intelligence:</b> Aiming high and thinking ahead			
w/c 2nd October	<b>Transitions:</b> How am I settling in?	<b>Study Skills:</b> What are the habits I need for effective study?	<b>Employability and Enterprise skills:</b> What are the key skills employers are looking for? 	<b>Employability and Enterprise skills:</b> My career plan 	<b>Transitions:</b> How am I doing?





w/c 9th October	<b>Transitions:</b> The importance of getting involved	<b>Study Skills:</b> What smart are you?	<b>Emotional Intelligence:</b> Building confidence and resilience	<b>Employability and Enterprise skills:</b> Work Experience progress 	<b>Thanks:</b> What is the right age to have children?
w/c 16th October		<b>Study Skills:</b> Managing homework			
w/c 23rd October					
w/c 30th October	<b>Emotional Intelligence:</b> Growth Mindset	<b>Study Skills:</b> Reading	<b>Emotional Intelligence:</b> Is that really me?	<b>Employability and Enterprise skills:</b> Becoming Enterprising 	<b>Transitions:</b> What are my Post-16 options 
w/c 6th November	<b>Emotional Intelligence:</b> Growth Mindset	<b>Study Skills:</b> Notemaking	<b>Study Skills:</b> Skills matrix	<b>Employability and Enterprise skills:</b> My Online reputation 	<b>Current Affairs:</b> US Election
w/c 13th November	<b>Emotional Intelligence:</b> Growth Mindset	<b>Study Skills:</b> Asking even better questions	<b>Study Skills:</b> Revision and memory skills (Year 9 exam prep)	<b>Employability and Enterprise skills:</b> Using Social Media to get ahead 	<b>TED Talks:</b> Success


w/c 20th November		<i>Catch Up session</i>			TED Talks: Group choice
w/c 27th November		<b>Thunks:</b> Should fairy tales be updated for the 21st Century?			<b>Employability and Enterprise skills:</b> Using Social Media to get ahead 
w/c 4th December	<i>Catch up session</i>	<i>Catch up session</i>	<i>Catch up session</i>	<i>Catch up session</i>	<i>Catch up session</i>
w/c 11th December	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections
w/c 18th December					
w/c 25th December					
w/c 1st January	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections

w/c 8th January	<b>Study Skills:</b> The importance of teamwork	<b>Emotional Intelligence:</b> Thanks			<b>Thanks:</b> Should fairy tales be updated for the 21st Century?
w/c 15th January	<b>Study Skills:</b> Asking really good questions	<b>Emotional Intelligence:</b> The Good Life	<b>Transitions:</b> Qualifications and Courses 	<b>Study Skills:</b> Marginal Gains	<i>No session (Mock release)</i>
w/c 22nd January	<b>Study Skills:</b> Independent learning	<b>Emotional Intelligence:</b> Relations with technology	<b>Transitions:</b> Jobs that could save the world 	<b>Employability and Enterprise skills:</b> Money Skills 	<b>Emotional Intelligence:</b> Thanks
w/c 29th January	<b>Study Skills:</b> Don't sweat the small stuff	<b>Emotional Intelligence:</b> Is technology improving our lives?	<b>Transitions:</b> Crossing the River 	<b>Employability and Enterprise skills:</b> Money security 	<b>Emotional Intelligence:</b> Debate
w/c 5th February		<b>Emotional Intelligence:</b> Reflections on technology			<b>Emotional Intelligence:</b> Debate

w/c 12th February	Study Skills: Brain Games	No Session (INSET)	<p>Transitions: What is Higher Education and why do people go?</p> 	No Session (Progress Coaching)	Emotional Intelligence: Debate
w/c 19th February					
w/c 26th February	Emotional Intelligence: Conversations (plus values review)	Emotional Intelligence: Understanding Emotions	<p>Transitions: Preparation for Options</p> 	<p>Employability and Enterprise skills: What are my consumer rights?</p> 	Emotional Intelligence: How logical am I?
w/c 5th March		Emotional Intelligence: Managing Emotions			
w/c 12th March	Emotional Intelligence: Conversations (plus values review)	Catch up session	Achievement Review: Target setting	Study Skills: Preparation for Year 10 exams	Brain Games
w/c 19th March	Emotional Intelligence: Conversations (plus values review)	Emotional Intelligence: Moral decision making	Achievement Review: Target setting	<p>Employability and Enterprise skills: Preparation for Work Experience</p> 	ARDEN VALUES: Reflections

w/c 26th March	Arden Values: Friendship	Emotional Intelligence: Reflecting on our emotions	Emotional Intelligence: Attitudes to stress	WORK EXPERIENCE 	
w/c 2nd April	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	
w/c 9th April					
w/c 16th April					
w/c 23rd April	Arden Values: Friendship (Good Luck Messages)	Study Skills: How does my brain work (Year 8 exam prep)	Emotional Intelligence: Dealing with stress	<i>No Session (Year 10 exams)</i>	
w/c 30th April	Study Skills: Preparation for Year 7 exams	Study Skills: Revision (Year 8 exam prep)	Emotional Intelligence: Moral values and stress in communities	Employability and Enterprise skills: Reflections on Work Experience 	
w/c 7th May	Arden Values: Friendship	<i>Catch up session</i>	Emotional Intelligence: Good Speech	Employability and Enterprise skills: Reflections on Work Experience 	

w/c 14th May	Arden Values: Courage	Arden Values: Friendship	Emotional Intelligence: Harmful Speech	Employability and Enterprise skills: Reflections on Work Experience 	
w/c 21st May	Arden Values: Respect	Arden Values: Courage	Emotional Intelligence: Countering bad speech with good	Employability and Enterprise skills: Name that Job 	
w/c 28th May					
w/c 4th June	Arden Values: Inspiration	Arden Values: Respect	Emotional Intelligence: Reflecting on speech	Employability and Enterprise skills: Careers Plan 	
w/c 11th June		Arden Values: Inspiration			
w/c 18th June	YEAR 7 RESIDENTIAL	Arden Values: Equality	Emotional Intelligence: Thanks	Employability and Enterprise skills: Building your own professional values 	

w/c 25th June	Arden Values: Activity Week Reflection	Arden Values: Determination	No Session (Progress Coaching)	No Session (Progress Coaching)	
w/c 2nd July	Arden Values: Equality	Arden Values: Excellence	Employability and Enterprise skills: Work Experience launch 	Emotional Intelligence: The benefit of challenge	
w/c 9th July	Arden Values: Determination and Excellence	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	
w/c 16th July	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	ARDEN VALUES: Reflections	
w/c 23rd July					



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