



STATION ROAD KNOWLE SOLIHULL B93 0PT
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7th April 2022

Dear Parents/Guardians

I am delighted to inform you that we have arranged for clinical psychologists to deliver information to parents/guardians regarding well-being and strategies to support positive mental health for your children.

There are two sessions:

- **Wednesday 4th May 2022** – 6pm in the School Hall (approx one hour)
This session is face-to-face with a maximum number of 250 attendees (first come first served).
- **Wednesday 11th May 2022** – 6pm via Zoom (approx one hour)
This session is online, via Zoom (unlimited spaces) – we will advise the link to this session via schoolcomms email nearer the time.

These events are for parents/guardians only.

Due to limited space in the School Hall, we must restrict the session 4th May to ONE parent/guardian per family.

To book a place at one of the sessions, complete the following Google Form by 27th April 2022 at 12pm:

<https://forms.gle/nwffrtjYz1VUU1mR6>

If you book the face-to-face session and then wish to cancel, please email office@arden.solihull.sch.uk

In the event of the maximum number of spaces being taken for the face-to-face session, please consider signing up for the online session. We will look at arranging a further face-to-face session if there is sufficient demand.

Prior to the first session you may submit questions to the specialist via the Google Form. If you are unable to attend the sessions and have a question, please email this to office@arden.solihull.sch.uk by 27th April 2022 at 12pm.

Kind regards

Mr Hooper
Deputy Headteacher

