

REVISION

What is revision?

Revision is looking back at information that you have previously learnt.

You need to understand the information, know the information and remember it for the exam!

How should I structure my revision?

✓ Have an aim for the session. E.g by the end of this session I want to be able to answer questions on...

✓ Think about what you already know and identify the bits you need to spend more time on

✓ Break topics down into chunks

✓ Make notes with key points, phrases or words

✓ Test yourself

✓ Have a tick list so that you can see your progress

✓ Look over your notes 1 month, 1 week and 1 day before the exam



What is the aim of my revision?

The aim is to make a series of key-points relating to a subject

You need key points, phrases, or words to prompt you to remember the information stored in your brain

You should aim to have a card or A4 sheet with the key points for each topic or sub-topic

What can I do to revise?

Make spider diagrams



Record yourself saying key points and play back



Make posters and stick them on the wall



Highlight key points in notes or books



Read a page – shut the book, make notes on what you can remember

Put revision aids around the house



Tell someone what you have learnt

Ask parents or friends to test you



Use pictures to associate with keywords



Use Mnemonics – making a rhyme from the first letters



REVISION TIPS

If you're one of a thousand teenagers revising for GCSEs, AS and A-levels, here are ten revision tips to help you get prepared:

GO PUBLIC

Make a detailed revision timetable and post it up somewhere so that everyone can see it. Letting other people know about your plans lightens the load and then it's not just down to you to motivate yourself.

Question yourself

Awaken facts through the power of questions. So when you're making notes, don't just write down 'The Battle of Hastings was fought in 1066'; instead, put 'When was the Battle of Hastings?' in one column, and write '1066' in an opposite column. Cover up the answer and each time you get it right give yourself a pat on the back.

SWITCH OFF

Unplug your internet connection as it's too tempting to surf the web and turn off your mobile phone (one distraction too many).

RISE EARLY

Facts are more digestible first thing in the morning. Start at 9am and you can get the bulk of your revision done early.

QUALITY TIME

Ask friends over for a revision session. With things like dates and vocabulary, it's always better if someone else is testing you, rather than you testing yourself.

handwriting

Writing clear, legible notes is a vital tool in the revision process. Use different colours to highlight sub headings, key dates, names etc.

Add variety

You may find it helpful to change from one subject to another at 'break' time, for example doing one or two sessions of maths and then changing to Geography, or alternating a favourite subject with a more difficult one. It helps to build in some variety.

Believe in bananas

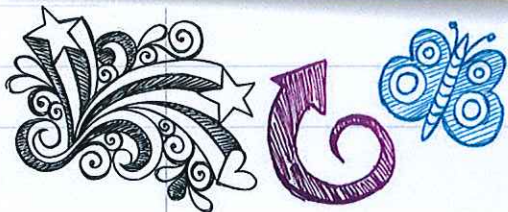
Eat sensibly as your brain cells need energy to function well. Bananas are rich in potassium and will raise your energy levels. Make sure you also drink plenty of water to avoid becoming dehydrated. Dehydration makes you tired and reduces concentration.

LOOK AHEAD

IT IS EASY TO FALL IN TO THE TRAP OF WONDERING HOW WELL YOU PERFORMED AND TO DISCUSS THIS WITH YOUR FELLOW STUDENTS. YOUR TIME WOULD BE BETTER SPENT LOOKING AHEAD TO YOUR NEXT EXAMINATION.

Relax

The most important thing to remember is not to panic. The exams are going to happen so you might as well give yourself the best chance of doing well by starting to revise early and keeping calm.



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