

KS4 – Year 11 – PSHE

Term	Topic Titles	Brief Overview
1	Health and Wellbeing	We look at recognising mental health and how to look after mental wellbeing, this is a particularly important subject to look at with exams pending.
	Drugs education	Following on from KS3 we look at the types of influences and decisions that young people may have to make when faced with temptation.
2	Diversity	The series of 3 lessons look at diversity, understanding and preventing extremism and radicalisation.
	Health and wellbeing	More mature health topics are discussed including breast and testicular health and the menopause.