



# **Drugs Awareness**

# **A Drug is.....**

***A medicine or other substance which has a physiological effect when ingested or otherwise introduced into the body:***

**Any substance which causes a change in the way the body, or part of the body, works.**

# There are the not so obvious drugs.



**Some drugs are harmless when consumed in moderation:  
Coffee, tea, cola and chocolate all contain  
**CAFFEINE.****

**This is a mild stimulant which can make us feel more awake, but if we take in too much, it can make us irritable and give us headaches**

# There are the drugs that help us



**If a doctor prescribes a medicine when you are ill.**

**Always take the doctor's advice about how much to take and how often to take it.**

**Overdosing (taking more than the recommended dose) can make you ill.**

# There are the illegal drugs



# Long term effects of illegal drugs



**Amy Winehouse.**  
**All started with**  
**Cannabis and Alcohol**



**Took ecstasy once.**



**Before and after substance abuse.**

**Love you mum... I promise I won't die: Parting words of perfect son, 16, to anxious mother - hours before he took fatal ecstasy pill at party**



**Daniel Spargo-Mabbs, 16, of Croydon, south London, died on Monday 20<sup>th</sup> January 2014**

# This month in the news...

**You don't always know what is in drugs!**



**A leading drugs expert is warning the rogue ecstasy pills linked to **four deaths this year**, may have changed brand or colour.**

# Why do people abuse drugs?

<b>1. Peer pressure</b>	<b>8. To celebrate</b>
<b>2. To get rid of stress</b>	<b>9. To copy someone who is a role model</b>
<b>3. To get over problems</b>	<b>10. To enhance your mood, makes you feel good, high</b>
<b>4. Because of feeling unwanted</b>	<b>11. To increase confidence</b>
<b>5. Trying to fit in</b>	<b>12. To get attention</b>
<b>6. To forget parent child conflict situations</b>	<b>13. Curiosity</b>
<b>7. Makes them feel grown up</b>	<b>14. To be popular</b>

# The price of illegal drugs

**Not £!**



**The law!**

# **For being caught with drugs on you...**

**For a **Class C** drug Possession.....**

**up to 2 years in prison or an unlimited fine (or both)**

Tranquilisers Some painkillers Ketamine Gamma hydroxybutyrate(GHB)

**For a **Class B** drug Possession.....**

**up to 5 years in prison or an unlimited fine (or both)**

Cannabis Speed Amphetamine Barbituates

**For a **Class A** drug Possession.....**

**up to 7 years in prison or an unlimited fine (or both)**

Crack Cocaine Ecstasy (MDMA) Heroin Magic Mushroom LSD

# Something new and very worrying... Legal Highs

## What are legal highs?

- **Substances which produce similar effects to illegal drugs (such as cocaine and ecstasy) but are not controlled under the Misuse of Drugs Act.**
- **This is because there is not enough research about them to base a decision on.**
- **They cannot be sold for human consumption, but are often sold as bath salts or plant food to get round the law.**
- **Most fall into three main categories: stimulants, sedatives or hallucinogens**

# Deaths directly linked to New Psychoactive Substances ( Legal highs)



**2009 - 10**

**2010 - 42**

**2011 - 51**

**2012 - 68**

**2013 - 113**



# **Drugs Awareness**