

KS3 – Year 7 – PSHE

Term	Topic Titles	Brief Overview
1	Health and Wellbeing	Addressing the changes that our children face when moving to secondary school both mentally and physically and promoting ways to stay safe and look after themselves. Includes general first aid and road safety.
	FUTURES	What does my future look like? An introduction to UNIFROG.
2	Living in The Wider World	Knife and Drug crime - The law and how to keep safe.
	Health and Relationships	How our bodies change during puberty.
3	Relationships	How we form healthy and unhealthy relationships of all kinds. How to manage when relationships go wrong and what does consent look like?
	Anti discrimination	A whole school focus on discrimination and protected characteristics.